

Prospectus @ DNB – Family Medicine

## **Indus Hospitals Mohali**



# **P R O S P E C T U S**

## **DNB - Family Medicine**



**Indus Hospitals, Mohali**

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URL: [IndusHospital.in](http://IndusHospital.in)**

### **About Hospitals**

Indus is a premier hospital group of North India with three hospitals, two diagnostic centers and a world-class dental implantology clinic.

With an experience of more than 20 years we take pride in consistent delivery of World-Class Specialty Treatment. Our Specialist Doctors, Para-Medical Staff and Management follow the Thumb Rule of treating each patient as a family member.

Indus Healthcare made a very modest beginning from a small charitable Hospital and nursing home in the border district of Ferozepur in Punjab. This effort was continued in the form of a new hospital in the upcoming city of Mohali in 2001. Indus Multi-Specialty Hospital, a 35-bedded facility soon gained the reputation for its quality healthcare at fair prices.

High incidence of lifestyle disease like Coronary Artery Disease, cancer etc in North India and lack of affordable quality treatment in the region fuelled the efforts in the direction of Indus Super . This tireless labour bore fruit in the form of 100- bedded state of the art dedicated Super Specialty Hospital in the heart of the city of Mohali in 2008. Today, Indus Super Specialty Hospital is equipped with dual energy Linear accelerator , Fixed Cardiac Cath Lab, 30 Critical Care Beds, Modular Operation Theaters etc.

## **OUR VISION**

To provide advanced, high quality but honestly priced Medical care in an atmosphere of warmth and compassion which will address the expectations of the citizens for reliable but affordable Hospital services.

## **OUR MISSION**

To accelerate and optimize the effective, efficient and economic use of skills, expertise, exposure and energies to the benefit of all concerned especially our partners/stake holders.

## **OUR CORE VALUES & COMMITMENTS**

*We are committed to an environment of uncompromising integrity and ethical conduct. Our ethical standards are the foundation for our decisions and actions.*

*As members of the faculty, staff and administration of the Hospital, our actions will be guided by these principles and values:*

**Respect, Honesty, Excellence, Responsibility & Accountability,  
stewardship, and Compliance**

*We recognize that our decisions and actions reflect not only upon our individual reputations but also upon the reputation of the Hospital. Our actions will be guided by these ethical principles even when confronted by personal, professional, social or economic pressures.*

**Specialized Departments**

**General Surgery**

**Minimally Invasive & Laproscopic Surgery**

**General Medicine**

**Obstetrics & Gynaecology**

**Pediatrics (Medical and Surgical)**

**Neonatology**

**Cardiology (Diagnostic and Interventional)**

**CTVS**

**Neurology**

**Neuro Surgery**

**Plastic, Cosmetic and Reconstructive Surgery**

**Skin and Venereal Diseases**

**Orthopaedics and Traumatology**

**Oncology-Surgical**

**Oncology-Medical**

**Oncology-Radiation**

**Anaesthesia**

**Urology**

**E.N.T**

**Endocrinology**

**Psychiatry**

**Dentistry (including Maxillofacial Surgery, Orthodontics, Prosthodontics)**

**Gastroenterology & Hepatology**

**Pulmonology & Chest Medicine**

**Pathology & Microbiology**

**Radiodiagnosis.**

### **Salient Features:**

Family Medicine training shall be imparted as per the NBE guidelines. Emphasis to make the training relevant internationally by adapting best Family Medicine Training Practices from all over the world.

Candidates would be given an option for international exposure by stints at Family Medicine Departments overseas.

Holistic Training shall be provided at group hospitals in Mohali.

Special assistance in choosing single/family accommodation close to the training hospital. Secure Paying Guest/Hostel facility shall be organized on request.

### **Faculty**

DNB training faculty at Indus Hospital **comprises of highly qualified, experienced** and skilled professionals in their respective fields with acumen for teaching and research. Many of the faculty members are former teachers from premier institutes of India like PGIMER, Chandigarh. **We are proud of** our DNB coordinator **who** is a highly respected ex-PGI faculty and has experience of teaching at international levels.

### **Educational Programmes**

- # DNB (Family Medicine) – 3 years post graduate course under National Board of Examination, Delhi (Min of Health & Family Welfare)
- # DNB (Anesthesia)\*\*
- # DNB (Oncology)\*\*
- # DNB (Radiotherapy)\*\*
- # Para-medical courses in X-ray, OT, Laboratory, MRD,
- # Nursing School (ANM & GNM courses)\*\*

\*\* in the pipe-line - proposed to start soon.

### **Academic Board**

Dr Sant Parkash Singh, MS  
Dr SPS Bedi, MD, DNB

Dr Ritambra Bhalla, MD  
Dr Navtej Singh, DMRD

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Dr Kavita Sant, MBBS, DGO

Dr(Col) D S Grewal, MD

Dr Davinder Grewal, MD

Dr Simmi Waraich MD

### **Our Collaborators**

Joint Medical Holdings, SOUTH AFRICA(4<sup>th</sup> Largest Hospital Group in South Africa)

Newcastle Practitioners Association(NEPO), South Africa.

Atomic Energy Regulatory Authority, Mumbai, India.

Jiwan Hospital,(Group Rural hospital), Jalalabad(w), Punjab.

Indian Medical Association(IMA),Mohali.

## **THE NATIONAL BOARD OF EXAMINATIONS** *(Ministry of Health & Family Welfare, Govt. of India)*

The National Board of Examinations is an autonomous organization functioning under the Ministry of Health & Family Welfare, Govt. of India. The prime objective of the Board is to conduct post-graduate examinations of high and uniform standard through out the country in 42 specialties including DNB in Family medicine. National Board of Examinations is keen to encourage family medicine as a specialty programme since it serves the needs of the society by providing comprehensive and continuing care of the patients in their own settings.

### **Objectives:**

- 1.# The present undergraduate medical curriculum and the internship period are inadequate to turn out well trained, safe and competent medical professionals to serve the Community Needs.,
- 2.# Preventive, Promotive and Rehabilitative aspects which form an integral part of healthy living have lost its focus with most of the medical practitioners.
- 3.# More than 80 percent of our population is either urban poor or Rural based. They are unable to get access to medical care facilities from existing hospitals.

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- 4.# To practice holistic medicine, the treating physician needs to understand the social, cultural and economic conditions of the family.
- 5.# Family physician needs to make optimal use of funds and judicious selection of Investigations.
- 6.# Family Physicians are patient advocates and form the link between People and at-times unapproachable Specialist doctors.
- 7.# Family Physicians form the backbone of any health delivery system. Management of emergencies and appropriate two way referral to the specialist and back for follow up facilitate patient care.
- 8.# The recently launched Prime Ministers “Rural Health care Mission” would require large number of doctors who are willing to serve the community needs.
- 9.# There is a growing need of Family Physicians around the World especially in Canada, Australia, USA, and Middle –East etc.

### **Evaluation:-**

- 1.# There will be no entrance test to join the course. The Institution shall select suitable candidates with aptitude for general practice, their appreciation, concern and compassion to live within the community to ensure healthy living.
- 2.# The candidate will be evaluated for various technical skills, medical ethics and communication skill at the end of 12-18 months.
- 3.# The candidate shall maintain a Log Book recording learning objectives, management of emergencies, complications and also submit a Thesis on Common subject relevant to general medical practice.
- 4.# The candidate will be awarded credit hours for attending various academic programmes/seminars/professional conferences conducted by IMA / Professional Bodies and others.

### **Scope for further training:**

On successful completion of DNB (Family Medicine) will be eligible to join the Proposed Post Doctoral Certificate courses in Emergency Medicine, Pain and palliative , Geriatrics, Reproductive and Child Health, Infectious diseases etc.

### **Number of Seats**

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The hospital is permitted to train Two DNB candidate (s) each year in the specialty of Family Medicine (New Regulations) (not included in the First Schedule of Indian Medical Council Act, 1956), subject to their fulfilling the following conditions :-

### **Eligibility:**

- a)# That, candidates who have obtained recognized MBBS degrees and registered with the Medical Council of India / State Medical Council would be eligible to apply for the course;
- b)# Age limit up to 50 years.
- c)# Any Medical Graduate holding PG Diploma qualification from Indian Universities.
- d)# Foreign Medical Graduates who have passed the Screening Test conducted by National Board of Examinations & are registered with MCI / State Medical Council.
- e)# **Note: There is no entrance test to join the course.**
- f)# Time frame / Schedule for enrolment : the following procedure of admission and time schedule will be adhered to during the admission process : -

Last date for candidates to apply (On Line and By Post/person)	30 <sup>th</sup> Jan 2010
Interview & Aptitude tests to be done by	1st Feb 2010
List of selected candidates to be displayed by accredited institute	05 <sup>th</sup> Feb 2010
Candidates to join the institution by	15 <sup>th</sup> Feb, 2010

**Selection process:** Selection to be made through Interview and Objective assessment of the candidate's aptitude, communication and technical skills.

**Stipend / Remuneration :** Payment of Monthly Stipend is mandatory, and that, the hospital will pay each trainee (both Post MBBS & Post Diploma) a minimum monthly stipend equivalent to the sum paid to MD/MS/DM/MCh trainees by respective State Govts., in institutions owned by them or, as mentioned below, whichever is HIGHER. :-

<b>Programme</b>	<b>First year</b>	<b>Second year</b>	<b>Third year</b>
Broad Specialties	Rs. 10,000	Rs. 11,000	Rs. 12,000

**Leave for DNB trainees:** The institute shall abide by the Board guidelines issued from time to time in this regard.

**Library facilities:** The minimal learning resources for the DNB trainees(s) in the hospital will be as follows: -

- ❖#Standard latest editions of Post Graduate text books in the subject.

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- ❖#Internet access to trainees with institutional subscription to e-libraries and journals (like DELNET etc)
- ❖#Journals in the subject (at least one international and one national)
- ❖#The Library will be accessible on all days except national holidays and for at least 12 hours each day.

**Training in Basic Sciences :** The hospital will also provide training in Basic Sciences & Allied subjects of the concerned specialty by way of one month's rotation posting each year in the Hospital's Laboratory so as to enable the DNB trainees to gain invaluable knowledge in subjects like Pathology, Histopathology, Biochemistry, Microbiology, Genetics etc.,

**Assessment of Trainees:** The hospital shall conduct Six monthly assessment tests of the DNB trainees in respective specialties. That, the assessment would cover theoretical knowledge, clinical skills procedural skills, communication skills, knowledge of health care system, ethical & legal issues. Semester-wise (6 monthly) assessment of the knowledge of DNB trainees by formal structured short essay type (10) questions. The exams will be conducted by institutions under supervision of Local Appraisers. That, a panel of Local Appraisers, specialty wise (with Post graduate teaching background from local institutions) will be sent to the Board's Training Monitoring Cell by the accredited institution, to enable the cell to select one appraiser from the panel. The responsibility to conduct the periodical appraisal shall solely be of the institution concerned. The Board reserves its right to seek any information from concerned institution on any aspect pertaining to the DNB programme.

**Training Charges:** Training charges, a sum not exceeding Rs. 50,000/- only shall be collected from DNB trainee(s) each year, as per the item heads specified.

Tuition fees	-	Rs. 15,000/-
Library fees	-	Rs. 5,000/-
Internet fees	-	Rs. 10,000/-
Guest Lectures, Seminar/Conference fees	-	Rs. 10,000/-
Six monthly Theory & Practical Exam fees	-	Rs. 10,000/-

### **MERIT LIST**

The Merit list will be prepared on the basis of the interview Assessment and the final result will be displayed on 27th Jan, 2010 on the main Notice Board of Indus Hospital.

### **PROSPECTUS & APPLICATION PROCEDURE.**

Prospectus and application form can be downloaded from the website [www.indushospital.in](http://www.indushospital.in) OR collected from 15<sup>th</sup> January, 2010, on payment of Cash / DD of

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Rs. 150/- in favour of Indus Hospital, Mohali on all days. Duly completed and sent along with all testimonials to DNB Coordinator, Indus Hospital, Mohali. The institute / hospital take no responsibility for any delay in the receipt or loss of application in postal / courier transit.

### **JOINING DETAILS & FORMALITIES**

Candidates admitted to the course are required to report on the opening day, without fail, otherwise their admission may be treated as cancelled and the next candidate from the waiting list will be accommodated. The decision of the selection committee and the Medical Director of the institution regarding eligibility of the candidates, the conduct of interview, the manner of preparing the merit list, selection procedure etc will be final. The selection committee and the Medical Director reserve the right to cancel **any** admission, at any stage, if found ineligible as per the terms and conditions prescribed by it from time to time.

### **For further information Contact**

Dr R BhallaMD, DNB Coordinator, Suite No 002, Indus Super Specialty Hospital, Opp DC Office, Phase 1(Sector 55), Mohali-160055, Punjab. [dnb@indushospital.in](mailto:dnb@indushospital.in) .  
Call 0172-5044944-5(Ext 102) 10:00AM to 1:00PM or anytime on Mobile 09814841657.